



ONE DEGREE

One Degree Mentor Virtual Volunteering

Mentor profile video

Introduction

We are aiming to set up online profiles for our mentors which will include a short profile video and details of how they can help and support our students.

1. Record your mentor profile video on your phone
2. Film in landscape / phone sideways
3. Keep it under 1 minute
4. Include who you are, what you do, where you are from, what your interests are, and what value you bring as a mentor
5. Email the video file to roger@myonedegree.org or WhatsApp it direct to +447775713394.

21st Century Skills videos

Introduction

We are building a database of online resource for our students to access any time they want. This will cover any topics relevant to academic and soft skills.

1. Create a PowerPoint presentation on a topic you feel capable of talking about – working in finance (or any career), sitting an interview, passing exams, networking, thinking outside the box, choosing a career, etc etc
2. Set up a free Loom account here: <https://www.loom.com/> to talk over your presentation.
3. Keep videos 5 mins or less or break them up into 5 min sections
4. Ideally 1-5 mins in length
5. No longer than 15 -20 mins in total
6. Title the video in Loom
7. Send the Loom recording link to roger@myonedegree.org (make sure the settings on Loom are set to enable me to download the video file)

When recording on Loom here are a few tips:

1. Once you click record take your time to start talking and get your slideshow, presentation etc ready. The start and end of the recordings can always be edited
2. You can trim and edit the video yourself to remove bits you do not want.
3. Count to 3 when moving to different topics or sections as it might need to be edited or split up.
4. When you are finished, pause on the last slide, image etc for 3 secs before you exit or end the video so that it can be edited neatly at the end.
5. Loom how to and summary [here](#).